

WORKOUT TO WIN!

Monday

Wear something to represent NFL football!



Tuesday

Wear ANY color and hope it's our SECRET one!



Wednesday

Wear ANY hat you would like!!



Thursday

Wear something from your favorite college!



Friday

November: Donate a non perishable food item

December: Donate a toy for charity!



By Participating, You will get the chance to win....

6 Month Membership

Contest rules: Every day you participate you get a point.... A game board will be in our Member Services office for you to put your name on and display your awarded points! If you attend on the weekends you will automatically get a point for each weekend day that you participate. The member with the most points at the end of the contest will win 6 months free at e-fitness & Wellness! In case of a tie.... One winner will be drawn! Other prizes will be awarded due to random drawing of participants so be sure to participate throughout the duration of the contest!! Contest begins Monday, November 2nd through December 16th! Winner will be drawn at our 2 year anniversary party at 6:00 pm! Need not be present to win!